



# ACTIVITY GROUP

*in Silverdale*

Every Tuesday  
13:30 – 15:30

Join us and take part in our fun and engaging **Supported Social Interaction Group** focusing on physical activities and socialising.

Enjoy these **FREE** group sessions for people with mild to moderate dementia and their carers.



**JOIN US AT:**  
Silverdale Cricket Club  
Underwood Road, Silverdale, ST5 6QF

For more information contact:



01782 214999



enquiries@approachstaffordshire.co.uk

[www.approachstaffordshire.co.uk](http://www.approachstaffordshire.co.uk)

Dementia Centre, Dougie Mac, Barlaston Road, Stoke-on-Trent, ST3 3NZ