



Do you care for someone with a diagnosis of dementia or memory issues?

Carer Support and Advice Groups

A **FREE** carer information and advice session to support in your caring role.

Join us at our friendly and informal support group to speak to our experienced staff and receive personalised advice.

An opportunity for you to take some time for yourself and to chat to other carers.

2nd Monday of every month

No booking required

10.30 to 12.30



JOIN US AT:

**The Bentilee Volunteers Centre
19 Brackenfield Avenue, Bentilee, ST2 0DH**

www.approachstaffordshire.co.uk



01782 214999



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