



## Support, information and Advice

Local organisations in North Staffordshire and Stoke on Trent, offering support to people affected by dementia or memory issues:

### Approach

**01782 214999**



Supporting people affected by dementia and their carers, Carers Cafes, One-2-One support, Carers Training and Dementia Advice.

[www.approachstaffordshire.co.uk](http://www.approachstaffordshire.co.uk)

### Alzheimer's Society

**0333 150 3456**



Dementia Advice through Dementia Connect, Side by Side service, and Singing for the Brain groups.

[www.alzheimers.org.uk](http://www.alzheimers.org.uk)



### AGE UK

**01785 788499**

Various groups & services Music & Movement groups.

[www.ageuk.org.uk](http://www.ageuk.org.uk)



### Beth Johnson Foundation

**01782 844036**

Dementia Advocacy.

[www.bjf.org.uk](http://www.bjf.org.uk)



### CASS

**01785 222365**

South Staffs – Carers Groups, Dementia Support, telephone helpline for adult carers.

[carersinformation.org.uk](http://carersinformation.org.uk)



## Carers Hub

Supports carers of all ages and holds a register of carers, provide support groups across Staffordshire.

**0330 123 1937**

**[www.thecarershub.co.uk](http://www.thecarershub.co.uk)**



## (Dougie Mac) Admiral Nurse

Specialist dementia support, one-to-one support & expert guidance.

**01782 344300**

**[www.dmhospice.org.uk](http://www.dmhospice.org.uk)**



## North Staffs Carers

Carers of all ages and disabilities. Support groups and sessions for people with dementia, Amazing Memories, Arts & Crafts, Carers groups.

**01782 793100**

**[www.carersfirst.com](http://www.carersfirst.com)**



## Support Staffordshire

Information on Voluntary Sector support services in Staffordshire.

**0300 777 1207**

**[www.supportstaffordshire.org.uk](http://www.supportstaffordshire.org.uk)**

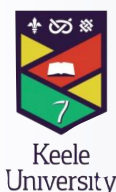


## VAST

Information on Voluntary Sector support services in Stoke on Trent.

**01782 683030**

**[vast.org.uk](http://vast.org.uk)**



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**[www.approachstaffordshire.co.uk](http://www.approachstaffordshire.co.uk)**