

A background of faint, light grey musical notes and a treble clef.

SINGING CONNECTIONS

Our Singing Connection sessions provide a wonderful chance for individuals with dementia and their loved ones to come together and sing familiar songs from the past.

Music offers numerous benefits for individuals with dementia, including reducing anxiety and depression, supporting speech and language skills, and improving overall quality of life. It also has a positive impact on caregivers.



EVERY OTHER THURSDAY 14.00 – 15.30



9th, 23rd January	10th, 24th July
6th, 20th February	7th, 21st August
6th, 20th March	4th, 18th September
3rd, 17th April	2nd, 16th, 30th October
1st, 15th, 29th May	13th, 27th November
12th, 26th June	11th December

Biddulph Methodist Church
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For further information please contact us:

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www.approachstaffordshire.co.uk